

## **Manual Therapy Workshop for physiotherapy students**

Mangalore, Sep 29-Oct 1: The **Department of Physiotherapy, Father Muller Medical College, Mangalore** organised a 3 days hands-on Workshop on **Maitland's concept of Vertebral and Peripheral Joint Mobilisation and Manipulation with Clinical Reasoning** on Sep 29,30 and Oct 1 2008 at the Paramedical block lecture hall.

The resource-person for the workshop was **Dr. Kiran Challagundla**, Master of Orthopaedics, Sports and Manual Physiotherapy (Australia). He is currently physiotherapist of **Deccan Chargers**- IPL cricket team, Hyderabad, and member of Global teaching group, Neurodynamic Solutions(NDS), Australia.

The inauguration of the workshop was held on Sep 29, 2008 at 9 am. **Rev. Fr. Denis D'Sa**, Administrator, Father Muller Medical College delivered the inaugural address. **Dr. Sanjeev Rai**, Dean, Father Muller Medical College also gave his message to the students. **Dr. Kiran Challagundla**, resource person and **Mr. Narasimman S**, Course Co-ordinator – Physiotherapy were present on the occasion.

The workshop was attended by PG students, interns, final year students and a few alumni. The course covered the Maitland's concept of Vertebral and Peripheral Joint Mobilisation and Manipulation right from the basics, through effective examination and advanced manual therapy treatment techniques in a simplified and easily understandable format which help in enhancing the skills of Musculoskeletal and Manual physiotherapists with effective diagnosis and treatment of a variety of acute and chronic disorders such as PA shoulder, Lateral Epcondylalgia, Knee OA, Facet joint syndrome, Discogenic problems, joint related referred pains, Spondylosis, arthritis etc.

The course was well appreciated by all the attending delegates.



